



Department of Psychology Presents

CONFERENCE SCHEDULE AT A GLANCE

FRIDAY, JUNE 26TH

- 9:00 AM – 9:15 AM **Introduction:** Content of the 12 sessions, Henault (2005) and philosophy of the sex education program.
- 9:15 AM – 10:30 AM **Session 1** Introduction to sexuality: Presentation of the topics, participants and procedure of the program.
- Session 2** Assessment of knowledge: Questionnaires and assessment tools for adolescents and adults participants.
- 10:30 AM – 10:45 AM **Coffee Break**
- 10:45 AM – 12:00 PM **Session 3** Sexuality and communication: Communication exercise, words of sexuality.
- Session 4** Love and friendship: “Little add” game, feelings and emotions, values in friendship and relationships
- 12:00 PM – 1:00 PM **LUNCH**
- 1:00 PM – 2:30 PM **Session 5** Emotions and sexuality: Explore, identify and recognize a range of emotions, pictures of human faces, emotions related to sexual realities.
- Session 6** Physiological aspects: Puberty, “pictures of genitals” game, glossary and definitions.
- 2:30 PM – 3:00 PM **Break**
- 3:00 PM – 4:00 PM Extra material, videos, discussion and examples

AUTISM SESSION

SATURDAY, JUNE 27TH

- 9:00 AM – 10:30 AM **Session 7** Contraception and prevention, quiz on knowledge, importance of condom use and demonstration of (penile model), safe sexual practices.
- Session 8** Sexual orientation, list of myth, quiz: Am I homophobic? Discussion .
- 10:30 AM – 10:45 AM **Coffee Break**
- 10:45 AM – 12:00 PM **Session 9** Alcohol, drugs and sexuality, group project: Scenario and social story, guide on the effects of alcohol and drugs on sexuality.
- Session 10** Sexual abuse and inappropriate behaviors, intimacy, notion of consent, sexual assault, sexuality and the law.
- 12:00 PM – 1:00 PM **LUNCH**
- 1:00 PM – 2:30 PM **Session 11** Sexism and violence, privacy, boundaries, intimacy, stereotyped relationships and roles, scenarios and role-play.
- Session 12** Managing emotions, theory of mind, and intimacy: social stories integrating sexuality, non-verbal skills, mind-reading software.
- 2:30 PM – 3:00 PM **Break**
- 3:00 PM – 4:00 PM **Session for participants:** Using the topics of sex education and material.



Isabelle Henault, PhD

AUTISM, ASPERGER SYNDROME & HEALTH SEXUALITY: AN ADVANCED SESSION

Within recent years there has been a rapid development of interventions for Asperger's syndrome and asperger's spectrum disorders. Yet, there has been little attention devoted to the topic of relationships and sexuality in this population. Based on her extensive work, Dr. Henault will utilize case illustrations and examples to illustrate strategies designed to improve the social and sexual skills of adolescents and adults with Asperger's syndrome. In her presentation, Dr. Henault will address several critical topics including: friendships, emotions, communications, sexual behavior, intimacy and interpersonal relationships. The presenter will discuss advanced educational techniques regarding sex education within this population as well as the application of useful tools and strategies. The presenter will use the clinical and empirical literature as well as practice knowledge in this area to inform guidelines for best practice.

Educational Objectives:

Based on the presentation, the participants will be able to:

- Assess and analyze unresolved sexual needs and problems of those individuals with Asperger's syndrome and Asperger spectrum disorders.
- Discuss laws and regulations about sexuality regarding this populations.
- Prepare and develop guidelines on sexuality for helping individuals with Asperger's and Asperger spectrum disorders.
- Apply Dr. Henault's sex education program in a step-by-step fashion.

About the Speaker:

Isabelle Henault, PhD is a clinical psychologist who teaches at the University of Quebec, Montreal, Canada. She earned her master's degree in Sexology and her PhD in Psychology from the University of Quebec. Her writings and clinical practice have centered on the diagnosis, education and support of children, adolescents, and adults with Asperger's syndrome and other Autism spectrum disorders. She has developed a program on relationships and sex education program for those with Asperger's and educates and counsels individuals and groups to enhance their understanding of sexuality. She is collaborating on several international projects related to socio-sexual education and interpersonal relationships. She is the author of many works in this area including *Asperger's Syndrome and Sexuality: From Adolescence Through Adulthood* (Jessica Kingsley Publishers, UK) which has been translated into eight languages. Her most recent work is Atwood, T., Henault, I., & Dubin, N. (2014). *The Autism Spectrum: Sexuality and the Law*. (Jessica Kingsley Publishers, UK).

Target Audience: Doctoral Level Psychologists and Other Mental Health Professionals

Level of Instruction: Basic; Number of CE Credits Offered: 10.5

Cost: \$140 for first 20 ASCEND Members, \$150 regular price

REGISTRATION

Advance registration is required. To register, please visit: www.ascendgroup.org

PARKING

PCOM has a parking garage that can be entered from the PCOM driveway off Monument Road, from Stout Road, or from City Avenue. Cost: \$5

READINGS

A brief list of readings for each presentation will be distributed to participants on the day of the event.

CONTINUING EDUCATION CREDITS

CRITERIA FOR EARNING CE

For those attending, you must sign in each day, attend each session in its entirety and complete and submit the evaluation form at the conclusion of each day to be awarded a total of 10.50 Continuing Education credits. Partial credits for any given session are not available.

PSYCHOLOGISTS: 10.5 CE hours/credits per event. Philadelphia College of Osteopathic Medicine's Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. PCOM's Department of Psychology maintains responsibility for this program and its content.

NBCC COUNSELORS: 10.5 CE hours/credits per event. Philadelphia College of Osteopathic Medicine's Department of Psychology is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. PROVIDER #: 5672.

LICENSED SOCIAL WORKERS: 10.5 hours/credits per event. Philadelphia College of Osteopathic Medicine (PCOM) Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. PCOM Department of Psychology maintains responsibility for this program and its content. *The Pennsylvania Board of Social Work Examiners recognizes and accepts the psychology continuing education hours/credits for social workers. Social workers who meet the CE criteria will receive the Certificate of Attendance.*

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Unless otherwise specified in the program promotional materials, there is no commercial support interest to the sponsor, instructors, content of instruction or any other relationship that could be construed as a conflict of interest. Unless otherwise noted in the promotional materials, all PCOM Department of Psychology CE programs are free of charge. For any program for which a fee is charged, there is a Refund/Cancellation Policy.

REFUND/CANCELLATION POLICY:

For any program that has a fee attached, the Department of Psychology requires that notification of cancellation be made no later than three business days before the day of the program. Full refunds are available for notifications for programs with fees that are made within three business days prior to the day of the event. For all other cancellations, a credit will be issued for a future PCOM CE program.

FURTHER INFORMATION about the Refund/Cancellation Policy and any other questions may be obtained by contacting Rachel Cuffeld-Gaymon, MBA, coordinator of continuing education at 215-871-6533 or Rachelcu@pcom.edu.

