

# Delaware & Montgomery County February Parent Education Support Group & Peer Support Groups



All groups are open to the community!  
\$5 Fee for Peer-Support Groups if you are not receiving waiver services from Kaleidoscope.

**Location: Bethel AME Church, 50 S. Merion Avenue, Bryn Mawr, PA 19010**  
**Parking in the front and rear of the property**

## Family Support Group:

Date: Tuesday, February 26, 2019

Time: 6:30-8:00pm

### Exploring Executive Functioning

Led by Laura K. Evak M.A., CCC/SLP, Speech Language Pathologist at Communiverse, this presentation will help you understand the definition and components of Executive Function (EF), increase your awareness of how EF impacts different aspects of daily living, socializing and learning, identify some indicators of EF difficulties, and a brief introduction to at least two strategies to aid in improving EF.

## Peer Support Groups ... **every Tuesday!**

Date: Tuesday, February 5, 2019 Time: 6:30-8:00pm

**Independent Living: Cooking Class - Mini Assorted Pizzas**

Date: Tuesday, February 12, 2019 Time: 6:30-8:00pm

**Self Esteem: "I Love Me" Valentine's Day Heart Art Project**

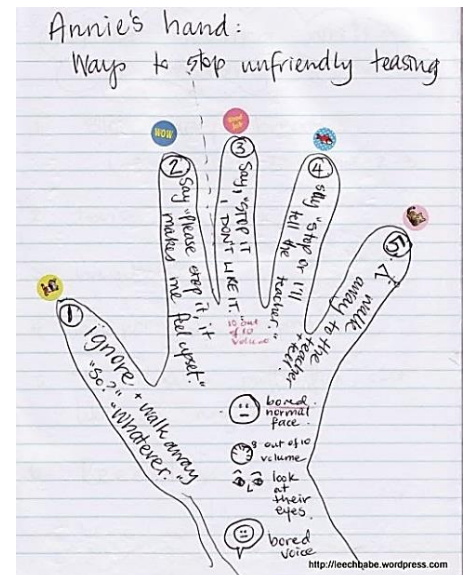
Date: Tuesday, February 19, 2019 Time: 6:30-8:00pm

**Social Skills: BINGO**

Date: Tuesday, February 26, 2019 Time: 6:30-8:00pm

**Coping Skills: How to Deal with Unpleasant Situations Hand Project**

**Pizza Served**



Refreshments Served. Please RSVP to Pam Frebowitz at [pfrebowitz@kfamilysolutions.org](mailto:pfrebowitz@kfamilysolutions.org)

Kaleidoscope Family Solutions proudly provides home and community-based services for individuals with autism, intellectual and developmental disabilities.

